

Feedback on Diet & Nutrition workshop 22nd January 2013

The workshop was very well attended (despite the snowy conditions) with over 20 delegates.

We received 19 feedback forms and everyone recorded that they found the workshop useful, that they would recommend the workshop and they liked the venue.

We asked what we could have done better and if we had missed anything. The only suggestion was that we should “make sure people can hear” .

We had four people from the Telford area, and 15 with SY postcodes. These break down as follows:-

sy1	sy3	sy5	sy6	sy8	sy16	sy21	sy22
3	2	4	2	1	1	1	1
tf1	tf4	tf10	tf11				
1	1	1	1				

16 are cancer survivors and 3 carers or relatives.

Of the cancer survivors:

	Chemo/ Radiotherapy	Post Treatment	Long- term treatment
Stage of treatment	3	11	2

17 people commented they would be interested in attending other talks or workshops. The topics suggested were:-

Psychological effects
Cancer and young women
Gentle exercise
Fitness (2)
Pharmacist, medicines how they work and side effects
Case histories of patients who declines chemotherapy
Anything related to breast cancer
Talks on specific cancers

We also asked if it would have been useful to have this workshop at a different stage in their cancer experience. The replies broke down as follows:-

Diagnosis	start of treatment	active treatment	after operation	after treatment	no
	3	1	4	1	1

Under any other comments:-

Very friendly & helpful
Most useful information
Good & interactive,