

Support at home services in Shropshire

The Red Cross helps local people to remain independent in their own homes by:

- > Loaning medical equipment such as wheelchairs and commodes
- > Helping people to get out of the house, to appointments, to the shops or to see friends
- > Assisting in pain and stress relief by providing gentle hand, neck and shoulder massage
- > Teaching people how to disguise skin disfigurements from illness or accident.

Therapeutic massage aims to assist relaxation, reduce pain and promote a sense of wellbeing



“By giving us your time or money, you can help us save lives and bring hope to people who have nowhere else to turn.”

Be part of our team!

Volunteers are the lifeblood of the Red Cross. The home from hospital service relies on a dedicated team of trained volunteers.

We are always looking for more volunteers in the local area, so why not join us in helping others.

If you are caring, enjoy meeting people and have an hour or two spare, we would love to hear from you!

To find out more, call 01905 450415.

British Red Cross

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Photos: Jonathan Fuller-Rowell

The British Red Cross Society, incorporated by Royal Charter 1908, is a charity registered in England and Wales (220949) and Scotland (SCO37738).



Home from hospital

Worried about going home?

Need a bit of extra help?



What is the home from hospital service?

Going home after a stay in hospital is not always easy. Trained British Red Cross volunteers can offer assistance to help you return to your daily routine.

Our volunteers can help you regain your independence through a service tailored to your individual needs.

Our support can include:

- > taking you to appointments
- > helping with shopping and light household tasks
- > collecting prescriptions
- > loaning pendant alarms to call for help in an emergency
- > helping you to regain your confidence.

The home from hospital service is funded through Shropshire County PCT.



Who can use the home from hospital service?

This service is available to any adult hospital patient living in Shropshire who needs that extra bit of support for up to six weeks after going home.

Please note: this service does **not** include nursing or personal care tasks.

Help us to continue to be here

If you wish to make a donation to the Red Cross, please ask your volunteer for a donor envelope.

What do people in Shropshire say about the service?

The home from hospital service is centred around you, as our client, and your individual needs. We are totally committed to giving care without discrimination.

Here are some examples of what people in Shropshire have said about the service:

“I cannot write too highly about the home from hospital attention I received after a week in hospital.”

“Just to say thank you for all your excellent help. It was invaluable to me.”

“Everyone concerned was very helpful and kind. The weekly phone calls were most reassuring.”

