



Shropshire & Mid Wales
Cancer Forum

Notes of Meeting 13th September 2016

Attendance: Sian, Roger, Colin, Clare, Rob, Irene, Rachel, Adelle

Apologies: Richard, Jessica Brindley, Liz

As a patient with Cancer, did you know- 1000 leaflets handed over to Jessica Brindley following July Meeting, Jess gave her apologies so no feedback on how they have been received and where distributed.

Hospital food – Sian and Clare to follow up invitation to visit New Cross kitchen.

Digital health programme Chemo is now being piloted with real patients. The app has 'tracking tiles' which allows patients to record temperature, any raised temperature will cause the patient to get an alert on their phone advising them to call hospital/ Shropdoc within 15mins. If they do not phone within that time, the hospital or if Out of Hours, shropdoc will actively call patient. It can also record other symptoms such as chest pain, vomiting etc.; Patients can set their own goals, can complete a mood chart, and can send secure messages. (This is already being used, with positive feedback from patients on the benefits.) There are also information clips with information about chemo, including tips from patients e.g. on chemo brain.

The next phase will be long term follow up prostate cancer patients, plans for patient journal, calendar, graphs, and films with patient information.

Rachel advised she has sent an abstract which has been accepted for presentation at UKONS conference in Brighton.

A proposed demo for October was welcomed by members.

National Cancer Patient Experience Survey results 2015 Rob suggested seeing if Digital Health app could be used to help urology/prostate improve their scores.

Cancer Wellbeing event –

Agenda for the day shown.

List of stands shown.

Feedback from Rachel- E prescribing now started in the hospital. One of the positive outcomes for patients is this means all chemo appointments can be diarized at first appointment. There will be more outsourcing of chemotherapy, which has a longer shelf life and will free up pharmacists time.

Radiographers are creating a video about starting radiotherapy. This will be a similar scheme to the starting chemotherapy scheme with patients (and friend, family) invited to attend a group session to watch the video, meet a clinician, have a tour of radiotherapy. They are also doing a follow up with patients 6 weeks after finishing radiotherapy as a response to patients

advising they felt they had 'dropped off a cliff' after finishing radiotherapy. (Chemo patients have been receiving a similar phone call for some time now).

A.O.B. Clare advised the group that **lymphoedema** services are being changed, with patients being discharged from the service and having to access the service via their GP should they encounter problems. The review is being undertaken by Heather Palin at the hospice. The forum agreed to request a copy of the pathway and operational policy for the new lymphoedema service and invite them to come and present to the forum. Healthwatch would also like any patient problems to be notified to them, so they can make enquiries.

NEXT MEETING: TUESDAY 11th October, HAMAR CENTRE, ROYAL SHREWSBURY HOSPITAL, SHREWSBURY