

# Supporting Others Through Loss, Dying and Bereavement

## **Do you support people affected by cancer through loss, dying and bereavement?**

This **free** workshop will help you to develop your understanding of the feelings associated with loss, dying and bereavement. There will be a chance to explore the meaning of loss, the needs of the dying and what needs a supporter might have. Using this developed understanding, it will explore how you can apply this in your own supportive role.

## **Who is it for?**

People who are interested in or are currently involved in supporting people affected by cancer through loss, dying and bereavement.

## **What will I get out of it?**

A deeper understanding of the needs of the dying and the emotions around bereavement through your own experiences of loss.

## **When is it and how long is it?**

It is a **2-day** workshop taking place on the 14<sup>th</sup> and 15<sup>th</sup> October 2011 in Birmingham.

## **How do I find out more?**

For more information about how to get involved, please contact Nicola Ranson [nranson@macmillan.org.uk](mailto:nranson@macmillan.org.uk) or call 01264 343803.