

Supporting Others Through Loss, Dying and Bereavement

Do you support people affected by cancer through loss, dying and bereavement?

This **free** workshop will help you to develop your understanding of the feelings associated with loss, dying and bereavement. There will be a chance to explore the meaning of loss, the needs of the dying and what needs a supporter might have. Using this developed understanding, it will explore how you can apply this in your own supportive role.

Who is it for?

People who are interested in or are currently involved in supporting people affected by cancer through loss, dying and bereavement.

What will I get out of it?

A deeper understanding of the needs of the dying and the emotions around bereavement through your own experiences of loss.

When is it and how long is it?

It is a **2-day** workshop taking place on the 14th and 15th October 2011 in Birmingham.

How do I find out more?

For more information about how to get involved, please contact Nicola Ranson nranson@macmillan.org.uk or call 01264 343803.